

BRUCE BAUMGARTNER and TIM FLYNN'S FIGHTING SCOT TRAINING CAMP

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Dear Camper,

I am very happy that you have chosen **Bruce Baumgartner, Tim Flynn and Cliff Moore's Fighting Scot Training Camp 1** to help you develop your wrestling and training skills during our Intensive Camp 1 July 5 – July 10, 2009. This camp should be a great experience for you. Once again, we have comprised an outstanding staff to help you become a champion.

All campers must have a (available on website) Medical History/Parent Consent and a liability waiver form that must be completed and signed by your parent/guardian. These forms are necessary in case of an emergency. Please bring these forms with you to registration. Also please bring your USAW card to registration if you have one.

Camp registration is from 3:30 - 5:00 p.m. on Sunday, July 5 in the lobby of **Highlands Suites 2**. Maps are available on the website. Your first meal will be dinner on Sunday with your last meal being lunch on Friday. Check out time will be Friday, July 10 from 11-12:30 pm.

Your outstanding balance will also be due at registration.

- Make checks payable to **World Class Wrestling Camp**

Registration Instructions and General Information

1. **Turn in your SIGNED medical history and liability waiver forms at registration.** This form **must** have a parent signature next to one of the treatment options in order for you to participate in camp. Please bring your valid **USA Wrestling card** to registration if you have one.
2. Registration will take place in the lobby of **Highlands Suites 2** on Sunday, July 5, 2009 from 3:30 - 5:00 p.m.
3. To save time, please have your check or money order payable to **World Class Wrestling Camp**.
4. You are required to leave a \$25.00 key deposit at registration. The \$25.00 will be refunded at check out time when your key is returned. There will be a \$5.00 charge for all lost meal tickets and a \$25.00 charge for all lost keys.
5. Keep your room locked at all times. The camp is not responsible for lost or stolen items.
6. Please check your room for damages and report all damages to the camp store by 11:00 p.m. Sunday night.
7. Any camper who breaks the camp rules will be removed from camp immediately. It will be the parent's responsibility to arrange transportation home for anyone removed from camp for disciplinary reasons.
8. Anyone needing to be picked up from the Erie Airport or the Erie Bus Station must email Bruce Baumgartner at bbaumgartner@edinboro.edu with flight details.
9. A copy of the camp rules will be in your room and posted in the dorm. Please read and obey all the rules.
10. A camp picture can be ordered at check-in for \$5.00 (8"X10" color). The picture will be

distributed by Wednesday so the coaches may sign it.

SUGGESTED ITEMS TO BRING

- * Pillow and bedding (sheets and blankets)
- * Wrestling and running shoes
- * Enough workout clothes for 3 sessions a day (laundry facilities are available)
- * Headgear
- * Bathing suit
- * Toiletries and other personal items (towels)
- * Small portable fan (optional) - fans may be rented at camp store for \$5 per camp.
- * Notebook and pen or pencil
- * Spending money (for snacks, sodas, video games and T-shirts)
- * **Valid USA Wrestling Card if you have one (do not buy one just for camp)**

Please do not hesitate to ask any of the coaches or counselors for help. That is what camp is all about! The staff was hired for your benefit ... Take advantage of them. Parents are welcome to visit during the week.

If you need to contact your son **during** camp please leave a message at the wrestling office at 814-732-1856. In case of an *emergency* also call 814-449-2907.

A sincere thanks you for your plans to attend **Bruce Baumgartner and Tim Flynn's Fighting Scot Training Camp**. This is a Training Camp so please arrive at camp in shape and ready to work hard. Remember: ATTITUDE + TALENT + **HARD WORK** = SUCCESS.

Sincerely,

VISIT

www.brucebaumgartner.com

Bruce Baumgartner
Olympic and World Champion

**All campers must have a signed Medical History/Parent Consent form
and Waiver Form turned in at registration.**

THERE IS SPACE AVAILABLE IN ALL CAMPS!!!!

HEAVYWEIGHT TRAINING CAMP IS ALMOST FULL!!!!!!